



# FISH CALENDER

Which fish to eat  
in which season?



	January	February	March	April	May	June	July	August	September	October	November	December
Red Mullet												
Blue Fish*	We Don't Eat!   Let it grow and become a loufer!											
Seabream												
Anchovy												
Horse-Mackerel												
Thornbut												
Gray Mullet												
Sword Fish												
Seabass												
Loufer												
Whiting Fish												
Tuna Fish												
Bonito												
Sardine												
Small Blue Fish*	We Don't Eat!   Let it grow and become a loufer!											
Barbel												
Large Bonito												
Mackerel												



The most delectable fish season



When fish can be eaten

## We Don't Eat!

Don't eat and don't let others eat small fish, such as blue fish and small blue fish!  
Let them grow, become a loufer and breed ! This flavor should not be denied to our children!

